

Our Common Ground, Inc.

OCG Works

Wellness Day at OCG.....

Special points of interest:

- Friends of OCG
- Haunted House Fundraiser
- The Struggle for Sobriety



Emphasizes proper nutrition and exercise....

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Join!



RIENDS of OCG

Friendship Levels:

Joining the Friends of **OCG** is a way for individual and business members of the community, alumni, and others to financially support the Substance Abuse & Mental Health Treatment Services provided by **OCG**.

There are four levels of annual membership, each providing varying tokens, appreciations, and benefits of membership.

- (circle one) \$50.00 { Friendship Bracelet
- \$100.00 { Friendship Bracelet
{ Friend of OCG T-Shirt
{ Annual Appreciation Luncheon
- \$500.00 { Friendship Bracelet
{ Friend of OCG T-Shirt
{ Annual Appreciation Luncheon
{ Admission to Spring or Fall Fundraiser
- \$1,000.00 { Friendship Bracelet
{ Friend of OCG T-Shirt
{ Packet of Gift Cards
{ Annual Appreciation Luncheon
{ Admission to Spring and Fall Fundraisers

You may also join Friends of OCG online at



Our Common Ground, Inc.
is a
501(c)(3)
Not for Profit Organization

Donations to OCG are Tax Deductible

Name: _____

Company: _____

Address: _____

Phone: _____

Email Address: _____

T-Shirt Size if applicable: _____

Annual T-Shirts will be available in September

CREDIT CARD AUTHORIZATION

CARD NO.: _____ EXP. DATE: _____

CVC: _____ (3 digit number on back of card. 4 digit on front of AMEX card)

(circle one) VISA M/C DISCOVER AMEX

I authorize OCG to charge my credit card in the amount of: _____.

Signature: _____ Date: _____

MAIL TO:

Our Common Ground, Inc. * 631 Woodside Road * Redwood City, CA 94061 * 650-364-7988

Our Common Ground is a non-profit 501(c)(3) organization
Annual membership is tax-deductible each calendar year

Client Spotlight

OCG - A Poem

I AM HERE BECAUSE...

I was digging a hole so dark and deep
 Living the lie of addiction that even I could
 not keep
 I am an addict, a thief, a sneak, a cheat
 A wild child on drugs doing time on the
 streets

Living only for the moment getting by, get-
 ting high
 It was my way or the highway kinda hoping
 I'd just die
 A good kid gone bad yet I thought it was all
 good
 My life really a mess and no one understood
 I had nothing to live for in despair in was
 scared

One was too many and thousand never
 enough
 Until my higher power stepped in and de-
 cided to get tough
 I'd finally hit bottom, then came my arrest
 I didn't know it yet, but I had actually been
 blessed

Still in denial, in orange and in jail
 No friends to come visit, no one to post bail
 Nothing to do but sit and reflect
 When along comes the good guy

A man we call Peck
 He promised to help me put myself to the
 test
 Help bury my skeletons, help lay my past to
 rest

There is this program he says,
 Where you come shed your tears
 Open up to your dreams and throw away
 your fears
 You can live clean and sober, turn over a
 new leaf
 No longer burdened by sorrow, resentment,
 or grief

It was not easy making the decision to live
 again
 I was headed for the grave, choosing means
 to the bitter end
 Still determined to fight the process my
 secrets I would keep
 They were the baggage in my closet buried
 ever so deep

Then I met the Director, Freda is her name
 Time to save your life she said, recovery is
 no game
 Its time to grow up now, drop guilt and
 learn how to live
 If I can do it, you can do it, is the gift she
 has to give

Like no one else, that woman can
 read my mind
 Finding things deep inside of me that
 even I could not find

Honesty id the first philosophy
 And to be aware is to be alive
 I no longer have to be ashamed of what
 I did to survive
 My life is so much better now than it
 ever was before
 I will keep and attitude of gratitude,
 before I walk up out these doors

I give thanks to my program
 I am becoming all that I can be
 I am sticking and staying accountable
 To my family at OCG
 My future is bright and I am blessed to
 have found
 This dead end street in East Palo Alto
Home of Our Common Ground

KAREN



Alumni Spotlight

Hello everyone, my name is Rain. I entered Our Common Ground (formerly Daytop) in September of 1990. I was sixteen years old. It would be an understatement to say that my life was not going well at the time. I was mixed up in drugs and bad behavior in general. I was in serious need of help. My parents had tried to help me, but were not equipped with the tools to do so at the time. They finally

put me in OCG. I was angry at first because I felt they were just leaving me there. I was young and did not understand. I stayed in OCG for approximately fifteen months of residential treatment. It was hard and demanding. It was a strict program with many rules. I eventually was in the first graduating class. I did quite a bit of growing up with the help of OCG. Orville Roache was a friend and great mentor to me while in

treatment. I received his advice whether I liked it or not. I'm now in law enforcement. I deal with many programs on a regular basis. I'm disappointed in many of them. They just don't have what it takes to deal with problem juveniles. I would recommend this program to anyone who is thinking of placing their child there. Thanks for your time.

Rain D.

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E-mail: efifield@ocgworks.org

We're on the WEB
www.ocgworks.org

September 2008 Calendar

- September 6th - Adult Program \$5 Car Wash 1pm-4pm
2560 Pulgas Ave East Palo Alto, CA 94030
- September 7th - OCG Organizational Independence Barbecue
@ Adolescent Facility (631 Woodside Rd, Redwood City)
For clients and approved family members 1:30-5pm
- September 13th - Adult Program \$5 Car Wash 1pm-4pm
- September 20th - Adult Program \$5 Car Wash 1pm-4pm
- September 27th - Adult Program \$5 Car Wash 1pm-4pm



COMING SOON.....

OCG HAUNTED HOUSE

FUNDRAISER

Sponsor Preview Night-October 16th
October 17th, 18th
October 23rd, 24th, 25th
October 30th, 31st, 11/1



Check Website in September 2008
For more details

